

Mary C. O'Brien Elementary Schools June 2025

Monday

Tuesday

Wednesday

Thursday

Friday

<p>Breakfast</p> <p>Pancakes or Cereal and or cheese stick Fruit / Juice / Milk</p>	<p>Breakfast</p> <p>Cinnamon swirl or Cereal and or cheese stick Fruit / Juice / Milk</p>	<p>Breakfast</p> <p>Peanut butter and jelly s/w or Cereal and or cheese stick Fruit / Juice / Milk</p>	<p>Breakfast</p> <p>Cinnamon swirl or Cereal and or cheese stick Fruit / Juice / Milk</p>	
<p>02 Lunch</p> <p>Hot dog Carrots / green peas / Beans Fruit / Juice / Milk</p>	<p>03 Lunch</p> <p>Ranch chicken strips / Cookie Potatoes / Veggies Fruit / Juice / Milk</p>	<p>04 Lunch</p> <p>Hamburger Potatoes / Broccoli / carrots Fruit / Juice / Milk</p>	<p>05</p> <p>Pizza Veggies Fruit / Juice / Milk</p>	<p>06</p>
<p>09</p> <p>Hotdog Carrots / green peas / Beans Fruit / Juice / Milk</p>	<p>10 Lunch</p> <p>Ranch chicken strips / Cookie Potatoes / Veggies Fruit / Juice / Milk</p>	<p>11</p> <p>Hamburger Potatoes / Broccoli / carrots Fruit / Juice / Milk</p>	<p>12 Lunch</p> <p>Pizza Veggies Fruit / Juice / Milk</p>	
<p>16 Lunch</p> <p>Hot dog Carrots / green peas / Beans Fruit / Juice / Milk</p>	<p>17 Lunch</p> <p>Ranch chicken strips / Cookie Potatoes / Veggies Fruit / Juice / Milk</p>	<p>18 Lunch</p> <p>Hamburger Potatoes / Broccoli / carrots Fruit / Juice / Milk</p>	<p>19</p> <p>Pizza Veggies Fruit / Juice / Milk</p>	<p>20</p>
<p>23</p> <p>Hotdog Carrots / green peas / Beans Fruit / Juice / Milk</p>	<p>24 Lunch</p> <p>Ranch chicken strips / Cookie Potatoes / Veggies Fruit / Juice / Milk</p>	<p>25</p> <p>Hamburger Potatoes / Broccoli / carrots Fruit / Juice / Milk</p>	<p>26 Lunch</p> <p>Pizza Veggies Fruit / Juice / Milk</p>	<p>27</p>
				<p>Choice of Sandwich:</p> <p>Ham and Cheese Peanut butter and jelly</p>
	<p>A healthy diet and exercise are KEY to being fit!</p>	<p>Breakfast Menu Nutrient AVG</p> <p>Calories 474 Sodium (mg) 460 Total Fat (g) 6.96 Saturated Fat (g) 3.17 Trans Fat¹ (g) 0.00</p>	<p>Lunch Menu Nutrient AVG</p> <p>Calories 607 Sodium (mg) 894 Total Fat (g) 13.66 Saturated Fat (g) 4.41 Trans Fat¹ (g) 0.00</p>	

Assorted fruit, juice, fat-free chocolate and 1% white milk available for breakfast and lunch / Menu items subject to change due to availability.
USDA is an equal opportunity provider.